

COVID-19 Policy for Mikvah Staff and Users
Updated February 2022.

Infectious diseases, such as SARS-COV-2, Influenza, and RSV, can be fatal, and reducing transmission in public settings is our moral and religious imperative. The mikvah is a public space hosting multiple visitors nightly, with inherent risks of disease transmission. Therefore, we ask our users and volunteers to accept personal responsibility for the health of our community, and to refrain from visiting the Mikvah if you have a contagious disease. Together, we can maintain a safe mikvah environment for all our users. If tevila must be postponed, please review halachic protocols with your Rabbi or Yoetzet Halacha.

Current mikvah protocols with respect to COVID-19 are based on CDC guidance. Mikvah facility is mask optional for those with no known recent COVID-19 infection or exposure. For any questions regarding these protocols, please contact the Mikvah Committee or discuss with your attendant.

COVID-19 INFECTION

Do NOT come to the Mikvah if you have tested positive for COVID-19, until 5 full days have passed since you started showing symptoms OR your positive test date if you never had symptoms.

Continue to take precautions to limit the spread of COVID-19 for 10 full days by:

- **Wearing a mask as feasible in the mikvah facility.**
- **Maintaining social distance from attendant.**
- **Informing attendant of your recent infection so that exposure to attendant and others may be limited.**
- **Requesting the last appointment of the night to minimize risk to others.**

Note: Day 0 is your first day of symptoms, or day test specimen was collected if asymptomatic.

EXPOSURE

If you have been exposed to COVID-19, please watch for symptoms for 10 days. Take precautions when at mikvah by wearing your mask as feasible and keeping social distance from the attendant. Delay tevila if you develop symptoms of infection.

We kindly request that users and volunteers remain up to date on vaccinations to reduce risk of spreading infectious diseases to others.

Those who are not up to date on vaccinations should take additional precautions per CDC guidelines, and delay tevila for 5 days if exposed to COVID-19.

SYMPTOMS:

Do NOT come to the mikvah if you have a contagious disease, with symptoms such as, fever, cough, shortness of breath, vomiting/diarrhea or other flu-like illness.

- Consult your physician to assess the cause of symptoms if appropriate.
- Consider COVID-19 testing if appropriate.
- If non-infectious cause of symptoms, proceed with tevila appointment if medically appropriate for tovelet.
- If tovelet is COVID-19 positive, see above.
- If tovelet is diagnosed with a different virus, such as flu or rotavirus, or a flu-like illness with COVID negative results, please delay tevila while contagious.
- If you choose not to get COVID-19 testing in the setting of flu-like illness, please assume that you may have COVID-19, and follow protocols above for COVID positive tovelet.